

Evidence, Public Policy, and Practice:

The Sixteenth National Evidence-Based Practice Conference
Friday, April 24, 2009 with pre-conference offered on Thursday, April 23, 2009

The conference is sponsored by:

University of Iowa Hospitals and Clinics Department of Nursing Services & Patient Care

with co-sponsorship by:

- Research Translation and Dissemination Core of the Gerontological Nursing Interventions Research Center (GNIRC) at the University of Iowa College of Nursing
- The University of Iowa Hartford Center of Geriatric Nursing Excellence
- Center for Research in the Implementation of Innovative Strategies in Practice (CRIISP) – a VA HSR&D Center of Excellence
- Sigma Theta Tau International – Gamma Chapter

Purpose: This program describes healthcare policy decisions and their impact on healthcare delivery. Application of evidence in policy making will be discussed.

CONFERENCE Friday, April 24, 2009

Objectives:

1. Discuss developments in public policy for evidence-based approaches to nursing shortages.
2. Describe the linkage between practice and policy and utilization of evidence-based practice to influence decision making.
3. Discuss evidence-based practice and policy strategies that optimize access to care and clinical outcomes.
4. Identify evidence-based practice initiatives applicable to your practice.

7:00 am – 8:00 am	Breakfast – Registration – Poster Viewing
8:00 am – 8:15 am	Welcome <i>Ann Williamson, PhD, RN, NEA-BC</i>
8:15 am – 9:30 am	KEYNOTE ADDRESS Hospital Outcomes Research: Towards Evidence-Based Policy for Handling Deepening Nurse Shortages <i>Sean Clarke, RN, PhD, FAAN</i>
9:30 am – 10:00 am	Break – View Posters - Visit Sponsors
10:00 am – 10:45 am	Bridging the Gap Between Research and Public Policy Making: Some Observations and Experiences <i>Josephine Gittler, BA, JD</i>
10:45 am – 11:30 am	Ask The Experts: Sean Clarke, RN, PhD, FAAN and Josephine Gittler, BA, JD <i>Moderated by Kathleen Buckwalter, PhD, RN, FAAN</i>
11:30 am – 1:00 pm	Lunch – View Posters –Visit Sponsors
1:00 pm – 2:00 pm	Concurrent sessions A or B or C (see next page)
2:00 pm – 2:10 pm	Move to next concurrent session
2:10 pm – 3:10 pm	Concurrent sessions D or E or F (see next page)
3:10 pm – 3:30 pm	Break and Poster Viewing
3:30 pm – 3:50 pm	Main Room for awards and prizes
3:50 pm – 4:30 pm	ENDNOTE ADDRESS Nursing Advocacy <i>Ann Rhodes, RN, MA, JD</i>

Conference Faculty

KEYNOTE SPEAKER

Sean Clarke, RN, PhD, FAAN; RBC Chair in Cardiovascular Nursing Research, Lawrence S. Bloomberg Faculty of Nursing, University of Toronto and University Health Network, Toronto. Adjunct Associate Professor, University of Pennsylvania School of Nursing, and former Associate Director, Center for Health Outcomes and Policy Research at the University of Pennsylvania

PLENARY SESSIONS

Kathleen Buckwalter, PhD, RN, FAAN; Sally Mathis Hartwig Professor in Gerontological Nursing Research; Director, The John A. Hartford Center of Geriatric Nursing Excellence, University of Iowa College of Nursing

Josephine Gittler, BA, JD; Wiley B. Rutledge Professor of Law and Director of the National Health Law and Policy Resource Center, University of Iowa College of Law; Professor of Health Management and Policy at the University of Iowa College of Public Health; Professor of Pediatrics at the University of Iowa College of Medicine; Director of Policy for the Hartford Center on Excellence in Geriatric Nursing, University of Iowa College of Nursing

Ann Rhodes, RN, MA, JD; Clinical Associate Professor, University of Iowa College of Nursing

Ann Williamson, PhD, RN, NEA-BC; Associate Vice President for Nursing, UI Health Care and Chief Nursing Officer, UI Hospitals and Clinics

CONFERENCE Concurrent Sessions

Group A: Coordination of Care

- **Creating a Trauma Informed System of Care**, Joyce McDermott, BSN, RN-BC; Patient Care Coordinator, Mercy Medical Center, Dubuque, IA
- **Implementation of a Rapid Response Team**, Johanna Soyebo, RN, MS; Staff Nurse ICU, Jesse Brown VA Medical Center, Chicago, IL
- **Team Accountability: Assuring a Safe Transport**, Kathleen Walrath, MS, APN, CNS; Quality & Safety Coordinator for Nursing Services, University of Illinois Medical Center, Chicago, IL

Group B: Quality Care

- **Mapping the Journey: Care Improvement and Cost Reduction in Catheter-Associated Urinary Tract Infections**, Deb Sonnenberg, RN, BS; Nursing Education Specialist, Fairview Northland Medical Center, Princeton, MN
- **Insulin Infusion Protocols Require Accurate Blood Glucose Testing: Reducing Variation Between Point of Care Glucometer Testing and Gold Standard Laboratory Testing with Hematocrit Correction Formulas**, Jill Morgan, RN, BSN, MBA; Manager Adult Intensive Care Unit, St. Luke's Hospital, Cedar Rapids, IA
- **Management of Hyperglycemia in the Adult ICU Setting Using a Standardized Nurse-Driven Protocol**, Maria Nehmer, MSN, RN, Clinical Practice Specialist; University of Illinois Medical Center, Chicago, IL

Group C: Education

- **Huddles: Translating Research into Practice Through a Communication Methodology**, Carol Boswell, EdD, RN, CNE, ANEF; Professor, Co-Director of the Center of Excellence in Evidence-Based Practice, Texas Tech University Health Sciences Center, Odessa, TX
- **Quality Evidence on a Clinician's Schedule**, Susan McGee, MSN, RN, CNP; Evidence-Based Practice Mentor, Cincinnati Children's Hospital Medical Center, Cincinnati, OH
- **TREAD® Evidence-Based Practice (EBP) Model for Teaching NANDA-I, NIC & NOC**, Barbara Krainovich-Miller, EdD, APRN, BC, ANEF; Assistant Dean Academic Initiatives, New York University College of Nursing, New York, NY

Group D: Infection Prevention

- **Think Sepsis Initiative: A Nurse Triggered Emergency Department Sepsis Screening Tool Application of the Iowa Model of Evidence-Based Practice to Improve ED Sepsis Care**, Estrella Hoffman, BSN, RN, MEd, CNL; Nurse Research/Sepsis Coordinator, Emergency Medicine Physician Group, Las Vegas, NV
- **Needleless IV Devices: Infection Risk and Prevention in Immune Compromised Patients**, Lisa Kirby, RN; Supervisor, Baylor All Saints Medical Center, Ft. Worth, TX
- **Improving Adherence to Hygiene Practice of Diaphragms of Stethoscopes to Reduce Nosocomial Infection for Immune Compromised Patients**, Stacie Merrill, RN; Staff Nurse, Baylor All Saints Medical Center, Ft. Worth, TX

Group E: EBP Journey

- **Staff Nurse Participation in Evidence-Based Practice Through Policy and Procedure Review**, Cristy Bledsoe, BSN, MSN, PhD, RN; Director of Research Integrity, Saint Alphonsus Regional Medical Center, Boise, ID
- **Unit Champion for Pressure Ulcer Prevention**, Sally Swartz, MSN, CNS, RN, BC; Clinical Nurse Specialist, St. Joseph Regional Medical Center, South Bend, IN
- **Transforming Practice: Shifting the Paradigm to Evidence Based Practice Through the Use of the Iowa Model**, Linda Beerman, MSN, RN, CNOR; Staff Educator, University Hospital, Cincinnati, OH

Group F: Policy

- **Application of Evidence-Based Practice: Affecting Public Health Issues by Developing Interventions for Social and Health Policy at the Baccalaureate Level**, P.J. Woods, PhD, MBA, RN; Assistant Professor and Concentration Coordinator Nursing Administration, University of New Mexico College of Nursing, Albuquerque, NM
- **Hospital Staffing: An Update on the Evidence**, (invited paper), Sean Clarke, RN, PhD, FAAN (see above)

Group A through F presentations selected from submitted abstracts unless otherwise noted. Authors listed are based on submitted abstracts; all authors will be included in the program syllabus.

PRE-CONFERENCE Thursday, April 23, 2009

10:00 am – 12:00 pm	Early Registration		
12:00pm – 1:00pm	Registration and Coffee		
	Select <u>one</u> of the following tracks to attend:		
	Track I (Basic): Choosing and Using an Evidence-Based Practice Model <ul style="list-style-type: none"> • Describe a process for selecting an EBP Model • Discuss EBP projects using an EBP Model 	Track II: Implementation and Sustainability <ul style="list-style-type: none"> • Describe effective implementation strategies to promote adoption of evidence-based practices in a variety of settings 	Track III: Building Collaborations for Research <ul style="list-style-type: none"> • Describe various mechanisms for building collaborative partnerships that facilitate research and translation of knowledge into practice
1:00 pm – 3:40 pm	Choosing an EBP Model – Laura Cullen, MA, RN, FAAN Using an EBP Model: Incontinence-Associated Dermatitis – Marge Jensen, MSN, RN, CWON EBP Project Reports: <ul style="list-style-type: none"> • Blood Pressure Measurement in Obese Patients - Nancy Dole, RN, BSN • Swallow Screening for Stroke Patients - Megan Davis - De Geus, RN, MNHP • Double Gloving in the OR - Lori Stebral, RN, BSN 	Implementation Model Overview – Marita Titler, PhD, RN, FAAN Examples <ul style="list-style-type: none"> • Hardwiring Practice Changes for Sustainability – Colleen Finnegan, BSN, RN, BC • Diversity and Implementation in Work Settings: <ul style="list-style-type: none"> ○ School Nurse - Susan Adams, PhD, RN ○ Long Term Care - Janet Specht, PhD, RN, FAAN • Creative Strategies for Diffusion: Implementation with Top Down Directives and Bottom Up Approaches – Renee Gould, RN-BC, MS 	Overview – Kathleen Buckwalter, PhD, RN, FAAN The Interdisciplinary Nursing Quality Research Initiative (INQUIRI) – Leah Shever, PhD, RN CRIISP VA Health Services Research and Development Service (HSRD) – Fredric D. Wolinsky, PhD National Nursing Practice Network (NNPN) – Marita Titler, PhD, RN, FAAN
3:40 pm – 4:00 pm	Break		
4:00 pm – 5:00 pm	Creative Strategies for Implementation – Jeopardy, Victoria Steelman, PhD, RN, CNOR, FAAN		
5:00 pm – 6:00 pm	Wine /Cheese – Networking		

Pre-Conference Faculty

SPEAKERS

Susan Adams, PhD, RN; Associate Director, Research Translation and Dissemination Core; Associate Director, National Nursing Practice Network; University of Iowa College of Nursing

Kathleen Buckwalter, PhD, RN, FAAN; Sally Mathis Hartwig Professor in Gerontological Nursing Research; Director, The John A. Hartford Center of Geriatric Nursing Excellence, University of Iowa College of Nursing

Laura Cullen, MA, RN, FAAN; Advanced Practice Nurse, Nursing Research, Quality and Outcomes Management

Megan Davis-De Geus, RN, MNHP; Interventional Radiology

Nancy Dole, RN, BSN; Staff Nurse, Family Care Center, Internal Medicine

Colleen Finnegan, BSN, RN, BC; Staff Nurse, Behavioral Health Services

Renee Gould, RN-BC, MS; Advanced Practice Nurse, Medical Surgical Services

Marge Jensen, MSN, RN, CWON; Clinical Nurse Specialist, Intensive and Specialty Services

Grace Matthews, RN, MSN, BC; Advanced Practice Nurse, Medical Surgical Services

Leah Shever, PhD, RN; Advanced Practice Nurse, Nursing Research, Quality and Outcomes Management

Janet Specht, PhD, RN, FAAN; Associate Professor; Practice Director, The John A. Hartford Center of Geriatric Nursing Excellence, University of Iowa College of Nursing

Lori Stebral, RN, BSN; Staff Nurse, Perioperative Nursing Services

Victoria Steelman, PhD, RN, CNOR, FAAN; Advanced Practice Nurse, Perioperative Nursing Services

Marita Titler, PhD, RN, FAAN; Professor and Associate Dean for Practice and Clinical Scholarship Development; Rhetaugh Dumas Endowed Chair, University of Michigan School of Nursing

Fredric D. Wolinsky, PhD, The John W. Colloton Chair in Health Management and Policy, University of Iowa College of Public Health; Center Co-PI for Scientific Affairs, Center for Research in the Implementation of Innovative Strategies in Practice (CRIISP), Iowa City VA Medical Center

** Faculty are Department of Nursing, University of Iowa Hospitals and Clinics unless otherwise noted*

Content considerations and selection of speakers are the responsibility of the Planning Committee. Companies providing financial support did not have input in these areas. Persons participating as faculty for this conference will disclose to attendees the nature of any existing relationships they have with companies providing support.

General Information

Nursing Credit

4.4 contact hours or 0.44 CEUs for 04/23/2009 pre-conference and **6.8 contact hours or .68 CEUs** for 04/24/2009 will be granted by UI Hospitals and Clinics Department of Nursing (Iowa Board of Nursing Approved Provider #34). Participants must attend the entire program each day to receive full credit.

Registration Fees

Thursday, April 23, 2009 (pre-conference) **\$70 (\$50 if postmarked by 3/13/09)**

Friday, April 24, 2009 **\$120 (\$100 if postmarked by 3/13/09)**

Make check payable to: UIHC Department of Nursing. The registration fee covers the cost of program materials, awarding of continuing education credits, faculty expenses, refreshment breaks, and Friday's luncheon. Full refund of registration fee will be made if cancellations are received on or before April 1, 2009. Registration fees are nonrefundable after that date; substitutions are permitted.

Register

Early registration is strongly encouraged.

Return the completed registration form and registration fee on or before March 31, 2009, to Rosanna Seabold (rosanna-seabold@uiowa.edu), University of Iowa Hospitals & Clinics Department of Nursing, 200 Hawkins Drive T-100 GH, Iowa City, IA 52242-1009.

Participants must pre-register. **Confirmation of registration will not be mailed; receipts will be provided only upon request.**

Due to fluctuations in room temperature, we recommend you dress accordingly for your personal comfort.

Questions and special dietary requests should be directed to Grace Rempel (319-384-6737; grace-rempe@uiowa.edu), Nursing Research, Quality and Outcomes Management.

Web sites

Electronic copy of brochure: www.uihealthcare.com/depts/nursing/index.html and click on "Research, Quality, and Outcomes Management" and then "National Evidence-Based Practice Conference" on the bottom right side of the screen

Tourism information: <http://207.12.117.47/visitors.asp>

Sheraton Iowa City Hotel (210 S. Dubuque St., Iowa City, IA) maps/services/facilities/travel links:

<http://www.starwoodhotels.com/sheraton/property/overview/index.html?propertyID=1282>

hotelVetro & Conference Center (201 S. Linn St., Iowa City, IA): <http://www.hotelvetro.com>

Hotels

A block of rooms has been reserved at the Sheraton Iowa City Hotel for April 22nd through April 24th and a smaller block at the adjoining hotelVetro. Contact the Sheraton Iowa City Hotel directly at 319-337-4058 or 800-848-1335 or the hotelVetro at 319-337-4961 or 800-592-0355 **before April 2, 2009** and identify yourself as a participant at the "National Evidence-Based Practice Conference". The Sheraton discounted rate is \$114 plus tax for a single or double room, and the hotelVetro discounted rate for a more "upscale" room is \$149.00 (block rate is not available with reservations made on-line). Parking vouchers will be issued. Contact Grace Rempel (319-384-6737; grace-rempe@uiowa.edu) for other housing options.

Travel

Flying: Coralville/Iowa City is served by Allegiant Air, American Eagle/AmericanConnection, Delta/Comair, Northwest Airlines/Northwest AirlinK, and United Airlines through the Eastern Iowa Airport (CID) in Cedar Rapids, IA. The airport is approximately 30 minutes from the conference site. Commercial shuttle or taxi service is available to Coralville/Iowa City.

Driving: The Sheraton is located at 210 S. Dubuque St., Iowa City, IA. From Interstate 80, take Exit 244 onto Dubuque Street toward downtown Iowa City. Turn right onto E. Bloomington Street, left at N. Clinton, left onto E. Burlington Street, and left onto S. Dubuque Street. The parking ramp will be on your right, and the Sheraton Hotel will be in front of you at the cul-de-sac.

The Sixteenth National Evidence-Based Practice Conference
REGISTRATION FORM

Name: _____
Credentials: _____
Position Title: _____
Employer: _____
Address: _____
If UIHC, indicate unit and division: _____
City: _____ State: _____ Zip: _____
Work Phone Number: _____ License Number: _____
Home Phone Number: _____
E-mail address: _____

- Thursday, April 23, 2009 (pre conference)**
(select one track) TRACK I TRACK II TRACK III
- Friday, April 24, 2009**
CONCURRENT SESSIONS: (select one concurrent group from each session)
- | | | | |
|-------------|----------------------------------|-------------|----------------------------------|
| <u>1:00</u> | <input type="checkbox"/> GROUP A | <u>2:10</u> | <input type="checkbox"/> GROUP D |
| | <input type="checkbox"/> GROUP B | | <input type="checkbox"/> GROUP E |
| | <input type="checkbox"/> GROUP C | | <input type="checkbox"/> GROUP F |
- Do not include my name on the Participant List in the syllabus
- How did you hear about the 16th National EBP Conference?
 MAIL EMAIL COLLEAGUE WEBSITE JOURNAL AD

Fee Schedule

Thursday, April 23, 2009 (pre-conference)
\$70 (\$50 if postmarked by 03/13/09)
Friday, April 24, 2009 (conference)
\$120 (\$100 if postmarked by 03/13/09)
Total Fee Submitted: _____
Make check payable to: UIHC Department of Nursing
Registration Deadline: March 31, 2009
Send registration form and fees to:
Rosanna Seabold (rosanna-seabold@uiowa.edu)
UI Hospitals & Clinics Department of Nursing
200 Hawkins Drive-T-100 GH
Iowa City, IA 52242-1009

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you require accommodation, please contact the Department of Nursing in advance at 319-384-6737 to discuss your needs. The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, 319-335-0705.

Conference Announcement

The 16th National Evidence-Based Practice Conference

The University of Iowa
Hospitals and Clinics
Department of Nursing
200 Hawkins Drive
Iowa City, IA 52242-1009

Conference Announcement

**The 16th National Evidence-Based Practice Conference
Evidence, Public Policy, and Practice**

**Thursday, April 23, 2009 (Pre-conference)
Friday, April 24, 2009**

**Sheraton Iowa City Hotel
210 South Dubuque Street
Iowa City, Iowa**

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**Registration
Deadline: 03/31/09**